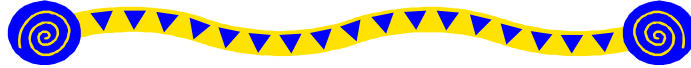


The Art of Being Present

Experiencing the Joy of Natural Creative Being



- Summon an alert awareness of the creative life within you
- Experience and create from your limitless self
- Open the door to always attract what is truly yours

In this workshop, you will experience your inner creative being through simple and fun art-like processes that require no special skills. We will spend time in and create from our natural flow energy, remembering how easy it is to access this way of being, which allows us to effortlessly create what our hearts truly desire.



Saturday, April 12, 2008

1:00 – 5:00 pm

\$40.00

Journey Center - 3976 Durock Rd. #105, Shingle Springs



Call to register:

Patricia Haines: (530) 672-1524 or (562) 508-7002

Marylou Morton (530) 621-0899 or (916) 201-7885



Patricia Haines is the owner of Heart-Centered Life Coaching. She has a Masters in Spiritual Psychology and Bachelors in Engineering. She has been trained in the Art of Human Communication and Life Mastery. She is a Personal Life Coach, an accomplished speaker and facilitates Life Transformational Workshops.



Marylou Morton has been a Creative Group Facilitator for over 15 years and is devoted to improvisational creative living and helping others identify and experience the true tone of their inner being. Participant feedback: "I felt totally revived, reacquainted with my spirit, and reminded of my true path."